

Violence or argument?

Here are some clarifications...

In an argument

In a situation containing violence

Each can share their point of views on the topic, even if there are moments of anger and frustration. The partners feel free and completely unafraid to express themselves.

Power

One partner seeks to dominate the other by using violent behaviour, (through the use of different forms of violence)

The intention surrounding the conflict is ultimately to convince the other of their point of view. There is no hidden or ulterior motive.

Intention

The intention behind the situation is to take control and violence is used in order to gain this power. Strategies are used to make this possible.

The conflict is occasional, even if the topic does continue to arise- there is no persistence or cycle.

Persistence

Violence is persistent, intensifies and becomes cyclic.

Both feel safe and free to express themselves

Impact

One of the partners feels a strong impact from the given situation; it creates a victim. Feelings of helplessness and fear settle.